

## **How You Can Help Care Bags 4 Kids Help Kids in Need:**

**Donate items to fill Care Bags:** (Email us at [helpingkids@carebags4kids.org](mailto:helpingkids@carebags4kids.org) for a list of items we especially need). For the safety of the recipients, **all items must be new, no glass or food items allowed.**

### ***Ways to do this:***

1. Buy a few new items and send them to us. Even donating one thing will make a difference to one child!
2. Have a party (for your birthday, holiday, special event, or just for fun!) and invite your friends to come and to bring along new items to donate to us. Then ship them to us and we'll include them in Care Bags for needy kids.
3. Donate new items you may have that you don't need (wrapped Happy Meal toys, toothbrushes, toothpaste or dental floss from your dentist, shampoo from hotels, extra presents you don't need, etc!)

### **Sew bags, receiving blankets or bibs**

#### ***Ways to do this:***

1. They can be made with any nice fabric in any size, shape or style you want. They could be purchased new too!
2. Invite your friends over to decorate plain fabric bags with puff paint, glitter, fabric paint, markers, etc! The cloth bags could be sewn or purchased if you don't sew. This is a fun, creative party activity for people of all ages and is a great way to make a difference in the lives of children less fortunate!
3. Get your family, school's sewing class, youth group or women's clubs to sew items for us! (Sample sewing directions for the bags are available by email upon request!).

### **Donate money to Care Bags Foundation:**

#### ***Ways to do this:***

1. Donate part of your allowance, birthday, special event or holiday money to Care Bags Foundation.
2. Get permission to set out a jar at a school, business, or in your neighborhood and collect "Coins for Care Bags".
3. Be creative! Hold a car wash, baby-sit or have a lemonade stand (etc) and donate some of your earnings to us.

### **Organize others to volunteer:**

#### ***Ways to do this:***

1. Tell your friends about Care Bags and brainstorm about ways you could help!
2. Get your school, religious group, youth group, business or neighborhoods involved in your plan! For instance, have a "Care Bags Collection Drive", get volunteers to sew for us, or ask others to help us in some way!
3. Email us at [helpingkids@carebags4kids.org](mailto:helpingkids@carebags4kids.org) and tell us about your plan!

### **"Adopt" the idea of Care Bags and start a project of your own to help kids in your community:**

#### ***Ways to do this:***

1. Contact our website at [www.carebags4kids.org](http://www.carebags4kids.org) to learn more and to receive a Care Bags Starter Kit via email.

### **Volunteer your time:**

#### ***Ways to do this:***

1. If you live near our headquarters, volunteer by coming to help us sort items or fill some bags.
2. Go shopping and buy items kids need. Then donate them to Care Bags Foundation.
3. Sew items that kids would enjoy and send them to us.
4. Organize others to help us!
5. Start a project of your own!
6. Even if you can't help us, volunteer for another organization and/or find a way of your own to make a difference in the life of a child. Then encourage others to do the same! Your life, and the lives of others, will be richer for it!

*All items and monetary donations are tax deductible and should be sent to:*

**Care Bags Foundation  
C/O Annie Wignall  
623 E. 17th St. N.  
Newton, IA 50208**

May all the kindness you share with others fill your life with joy!

**With Thanks from our friends at Care Bags Foundation**